23rd Annual Perinatal Partnership Conference

Celebrating Birth in the Carolinas

September 18 - 20, 2016

Embassy Suites at Kingston Plantation
Myrtle Beach, SC
On Monday, September 19, 2016 from 4:30pm-6:00pm, there will be an optional documentary presentation of the movie “Dark Side of the Full Moon”. The movie presentation is approved for 1.5 hours of AHEC and nursing credit.

The documentary delves into the unseen world of maternal mental health in the U.S. It will uncover the disconnect within the medical community to effectively screen, refer, and treat the 1.3 million mothers affected each year, giving a face and voice to the countless women who have suffered in silence.

Please indicate on the registration form if you would like to attend the movie “Dark Side of the Full Moon”.

For over 20 years the North Carolina and South Carolina Perinatal Associations have teamed up to offer the Perinatal Partnership Conference. Each association is a multidisciplinary organization designed to improve the health of Women and Children in the Carolinas through advocacy and education.

To find out more about your state’s association and membership benefits please visit one of the websites below.

**SPEAKER HANDOUTS WILL BE AVAILABLE**
**ON-LINE ONLY**
**AFTER SEPTEMBER 8, 2016 AT:**


**PLANNING COMMITTEE**

**2016 Conference Chair:**
Chaka Davis, RNC, MSN, MPH, IBCLC

**Current NC Perinatal Association President:**
Frieda Norris, RN, BSN, MPH, LCCE, FACCE

**Current SC Perinatal Association President:**
Michelle S. Flanagan, RNC, BSN

Jeannie G. Beshere, RNC, BSN
Betsy W. Bryant, RNC, MSN, IBCLC, LCCE
Kimberly Harper, MSN, RN
Sherika HiSmith George, MPH, BSN, RN
Meg Jewell, MA
Rebecca Jackson, RN, BSN
Mona Brown Ketter, MSN, RN, C-EFM
Breana Lipscomb, MPH
MaryLouise Martin, RNC, MSN
Kathy Ray, RN, MSN
Tara Owens Shuler, Med, LCCE, FACCE, CD(DONA)
Sheila T. Walters, RNC, MSN
Lynn Wellman, MS, APRN

**CREDIT**

**PRE-CONFERENCE WORKSHOP I**
**SUNDAY, SEPTEMBER 18, 2016 - 12:45PM-4:00PM**

**“On the Front Line, Leading Care at the Bedside”**

**Nursing:** Mid-Carolina AHEC, Inc. is an approved provider of continuing nursing education by the South Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission of Accreditation.

This nursing continuing education activity, approval #1510-040-PR-051 is approved for 3.25 hours.

**AHEC:** This program is approved for 3.25 clock hours of continuing education by Mid-Carolina AHEC, Inc. and meets the SC AHEC Best Practice Standards.

**PRE-CONFERENCE WORKSHOP II**
**SUNDAY, SEPTEMBER 18, 2016 - 12:45PM-4:00PM**

**“Training for Real Life: Making Neonatal and Obstetric Simulation Work for You”**

**Nursing:** Mid-Carolina AHEC, Inc. is an approved provider of continuing nursing education by the South Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission of Accreditation.

This nursing continuing education activity, approval #1510-040-PR-052, is approved for 3.25 hours.

**AHEC:** This program is approved for 3.25 clock hours of continuing education by Mid-Carolina AHEC, Inc. and meets the SC AHEC Best Practice Standards.

**23RD ANNUAL PERINATAL PARTNERSHIP CONFERENCE**
**MONDAY, SEPTEMBER 19, 2016 - 8:45AM-4:15PM**
**TUESDAY, SEPTEMBER 20, 2016 - 8:30AM-12:30PM**

**Nursing:** Mid-Carolina AHEC, Inc. is an approved provider of continuing nursing education by the South Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission of Accreditation.

This nursing continuing education activity, approval #1510-040-PR-055, is approved for a total of 8.5 hours of which 3.0 hours are pharmacology content.

**CREDIT PER DAY:**

**Monday, September 19, 2016** is approved for 5.0 hours of which 2.0 are pharmacology content. Approval # 1510-040-PR-053

**Tuesday, September 20, 2016** is approved for 3.5 hours of which 1.0 is pharmacology content. Approval #1510-040-PR-054

**AHEC:** This program is approved for a total of 8.5 clock hours of continuing education by Mid-Carolina AHEC, Inc. and meets the SC AHEC Best Practice Standards. Credit per day applies to AHEC credit also.

**Participants must attend 90% of the program in order to receive a certificate of attendance. No partial credit will be given.**
KEYNOTE SPEAKERS

Demi Garvin, Pharm D, R.Ph, F-ABFT

Demi Garvin is a graduate of Furman University and The University of South Carolina College of Pharmacy. A licensed pharmacist with experience in both hospital and retail settings, Dr. Garvin has practiced clinical and forensic toxicology and drug chemistry for more than three decades. She is perhaps most proud to have been a part of the development of the Richland County Sheriff's Department Forensic Sciences Laboratory, a nationally accredited facility. Since 1991, Dr. Garvin has served as an adjunct clinical pharmacy preceptor and adjunct instructor for the USC College of Pharmacy and Department of Chemistry and Biochemistry, respectively. She provides clinical and forensic consultation, education, and training to the health care, forensic, law enforcement and legal communities. Professional interests include assessment of the toxic insult in death investigations, the pharmacotherapy of pain management, and pediatric toxicology.

Constance Guille, MD, MSCR

Dr. Constance Guille is a Reproductive Psychiatrist and Assistant Professor at the Medical University of South Carolina. She is the Director of the Women’s Reproductive Behavioral Health Clinic at MUSC’s Women’s Health Services. Her clinical and clinical research focus is peripartum mental health and prescription opioid use.

Evette Horton, Ph.D, NCC, LPCS, RPT-S

Dr. Evette Horton is a Clinical Instructor at the University of North Carolina School of Medicine’s Horizons program which serves mothers with their children in a 9 month long, residential, treatment program for substance abuse. She oversees the mental health assessments of all the children in the program which includes children ages birth to eleven. Evette specializes in social and emotional assessment and treatment of young children exposed to trauma and is trained in several evidence-based models of treatment for infants and children. Dr. Horton is a Licensed Professional Counselor and Supervisor and a Registered Play Therapy Supervisor. She currently serves on the national board for the Association for Child and Adolescent Counseling (ACAC).

Jeannie James, MA, LPC/S, MAC, SAP

Mrs. James has been in the field of mental health and substance disorder treatment since 1991. She has been in her current job at Circle Park Behavioral Health Services in Florence, SC, in which she supervises the clinical operations of both the outpatient office and the residential facility for women and children, The Chrysalis Center, for 16.5 years. Mrs. James has a passion for working with this population and believes that the affects of mental health and substance disorder issues on the family is a nationwide problem requiring a nationwide solution.

Mark Alanis, MD, MSCR, FACOG

Dr. Alanis is currently Director for Prenatal Ultrasound at St. Luke’s Maternal-Fetal Medicine in Boise, Idaho. He completed his fellowship in maternal-fetal medicine at the Medical University of South Carolina in Charleston. He received his residency training in Charlotte, North Carolina at the Carolinas Medical Center and received his MD at the University of Texas in San Antonio, Texas. The topics and principles he is going to review this week are areas that he cultivated research and clinical interests early in his career, leading to several publications.

Sharon Weissman, MD

Dr. Sharon Weissman is a Professor of Clinical Medicine at the University of South Carolina. She has been active in HIV clinical care and research for over 20 years. Prior to coming to South Carolina she was on the faculty at Case Western Reserve Medical School and Yale University School of Medicine. She spent 15 years directing HIV services first at the Louis Stokes VAMC in Cleveland, OH and then at Saint Raphael Hospital in New Haven, CT. In her role as HIV medical director she was also the site director for many large national HIV research programs as well as the principal investigator on numerous HIV research projects. Throughout her career she has combined clinical care with medical education and scholarly pursuits. Dr. Weissman’s current interest, in addition to medical education, is HIV epidemic and disparities in care in rural South Carolina.

Mary Jo Podgurski, RNC, MA, Ed.D

Dr. Mary Jo Podgurski began serving teen parents in the 70s and founded The Washington Health System Teen Outreach in 1988. She and her staff have presented sexuality education to over 230,000 young people and mentored over 15,000 young parents. Dr. Podgurski is the author of 16 books and has presented over 700 workshops locally, nationally and internationally. She is a past president of Lamaze International and a certified LCCE and is certified in both sexuality education and sexuality counseling from AASECT (American Association for Sexuality Educators Counselors and Therapists).
Sunday, September 18, 2016

12:30pm-12:45pm   Workshop Registration
12:45pm-4:00pm    Pre-conference Workshop I  $50.00

   “On the Front Line, Leading Care at the Bedside”
   ♦ Pamela Spivey, MSN, APRN, CCNS, RN-BC

   Learners will enhance their knowledge in the recognition, treatment and associated outcomes of patients requiring additional care measures. This program will review a systematic approach in the examination of the newborn infant, recognize critical findings, identify changes in patient status that indicate potential complications and formulate a plan of care for infants with specific medical/surgical conditions.

12:45pm-4:00pm    Pre-conference Workshop II  $50.00

   “Training for Real Life: Making Neonatal and Obstetric Simulation Work for You”
   ♦ Michelle Flanagan, RNC, BSN
   ♦ Shane Gravel, BA, NR-P, CHSOS

   Simulation can be done by any person in any level of hospital/healthcare setting. This course will provide the background for using simulation to educate perinatal providers. We will discuss planning simulation events at your facility and how to integrate Maternal and Neonatal Simulation for staff. The course will also include hands on practice and scenarios with both high and low fidelity models.

4:00pm–6:00pm    Early Registration
6:00pm–7:30pm    Opening Reception

Monday, September 19, 2016

7:30am-8:30am    Registration - Coffee & Tea (Exhibit Hall)
8:30am-8:45am    Welcome and Introductions
8:45am-9:45am    Keynote

   “Deadly in Design: Novel Psychoactive Substance Update”
   ♦ Demi Garvin, Pharm D, R.Ph, F-ABFT

9:45am-10:15am   Break/Exhibit Hall
10:15am-12:15pm   Keynote

   Panel Discussion “Families in Recovery from Drug Exposure: Programs that Work”
   ♦ Constance Guille, MD, MSCR
   ♦ Evette Horton, Ph.D, NCC, LPCS, RPT-S
   ♦ Jeannie James, MA, LPC/S, MAC, SAP

12:15pm-1:45pm    Business Luncheon

   NC Perinatal Association and SC Perinatal Association (Members & Non-Members Welcome)

Monday, September 19, 2016

1:45pm-2:45pm    Concurrent Sessions Group A
       ♦ Bridget C. Allen, RNC, MS
       ♦ Carley Howard Draddy, MD
   2.   “Implementing a Maternal Early Warning System”
       ♦ Beth McGovern, MSN, RNC-OB, CHSE
   3.   “Diabetes in Pregnancy”
       ♦ Mark Alanis, MD, MSCR, FACOG
   4.   “Care of the Late Preterm Infant in the Family Centered Care Environment”
       ♦ Pamela Spivey, MSN, APRN, CCNS, RN-BC

2:45pm-3:00pm    Break/Exhibit Hall
3:15pm-4:15pm    Concurrent Sessions Group B
   5.   “Perinatal Mood Disorders”
       ♦ Christena Raines, RN, MSN, APRN-BC
   6.   “A Comprehensive Approach to Developmental Care of the Preterm Infant”
       ♦ James M. Helm, Ph.D
   7.   “Advances in the Management of Preterm Labor”
       ♦ Barbara Hughes, CNM, MS, MBA, FACNM, C-EFM
   8.   “Improving Birth Outcomes through Doula Care: Starting a Hospital or Community-Based Doula Program”
       ♦ Sujata Gami, MS, LCCE, FACCE, CD(DONA)
       ♦ Tara Owens Shuler, M.Ed, LCCE, FACCE, CD(DONA)

4:30pm-6:00pm    Documentary Movie Presentation of “Dark Side of the Full Moon”

Tuesday, September 20, 2016

8:00am-8:30am    Registration - Coffee & Tea (Exhibit Hall)
8:30am-9:30am    Keynote

   “Obesity and Its Affect on the Pregnancy and the Infant”
   ♦ Mark Alanis, MD, MSCR, FACOG

9:30am-10:00am   Break/Hotel Check-Out
10:00am-11:00am   Keynote

   “HIV and Its Affect on Pregnancy and the Infant”
   ♦ Sharon Weissman, MD

11:00am-12:15pm   Keynote

   “Transform Workplace Culture: How to Impact Change and Encourage Empowerment”
   ♦ Mary Jo Podgurski, RNC, MA, Ed.D

12:15pm-12:30pm    Closing Remarks
**Hotel Information**

The 23rd Annual Perinatal Partnership Conference will be held at the Embassy Suites Hotel at Kingston Plantation in Myrtle Beach, South Carolina. With 145 beautifully landscaped acres at the oceanfront, a choice of accommodations and a variety of resort amenities, the Kingston Plantation offers something for everyone. In addition to villa and condominium accommodations, the Embassy Suites Hotel boasts 255 two-room suites, all with sweeping Atlantic Ocean views.

**LOCATION:**

Embassy Suites Hotel at Kingston Plantation
9800 Queensway Blvd.
Myrtle Beach, South Carolina 29572

CHECK IN TIME 4:00pm
CHECK OUT TIME 11:00am

**ROOM RATES & RESERVATIONS:**

**Embassy Suites Hotel - Oceanview Suites - $153.00**

- Our hotel rates include a complimentary breakfast and an evening reception.
- Embassy Suites Hotel Group Code: NCS

Use the following link to make reservations or call (843) 449-0006 or (800) 876-0010:


**Kingston Plantation**

- One Bedroom Plantation Villa $123.00
- Two Bedroom Plantation Villa $153.00
- Three Bedroom Plantation Villa $183.00
- Group Code for Condos and Villas: NCP

*Please note that the complimentary breakfast and the evening reception are not included with Kingston Plantation rates.

Use the following link to make reservations or call (843) 449-0006 or (800) 876-0010:


Please state that you are attending the North Carolina/South Carolina 23rd Annual Perinatal Partnership Conference when making your reservation.

- All rooms will be charged a room tax.
- Rates published are for single occupancy.
- There is an extra person charge for 2 or more guests sharing the same guestroom.
- Reservations can also be made by visiting [www.kingstonplantation.com](http://www.kingstonplantation.com)

All requests for the group rates must be received by **August 17, 2016** after which space and rate cannot be guaranteed.
**2016 Perinatal Conference Registration Form**

**NAME** ____________________________________________________________________________________________________________  
(This is how your name will appear on your name tag)  
**ORGANIZATION** ____________________________________________________________________________________________________  
**DISCIPLINE** (i.e. RN, SW)_____________________________________________________________________________________________  
**MAILING ADDRESS** _________________________________________________________________________________________________  
**PHONE** ____________________________________________________________________________________________________________  
**E-MAIL** ____________________________________________________________________________________________________________  
**Please print clearly — E-mail will be used for confirmation**

**Join your state Perinatal Association today and register at member rates!**

<table>
<thead>
<tr>
<th>NCPA Membership</th>
<th>SCPA Membership</th>
<th>Fees: $35</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ New</td>
<td>☐ Renew</td>
<td>☐ $35</td>
</tr>
</tbody>
</table>

---

**Pre-Conference Workshops (Select One)**

- On the Front Line, Leading Care at the Bedside
  - ☐ $50.00
- Training for Real Life: Making Neonatal and Obstetric Simulation Work For You
  - ☐ $50.00

---

**Regular Registration:**  
**Must be postmarked before Sept 1**

<table>
<thead>
<tr>
<th>Member</th>
<th>Non-Member</th>
<th>Fee:</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ $130</td>
<td>☐ $150</td>
<td>$185</td>
</tr>
<tr>
<td>☐ $140</td>
<td>☐ $175</td>
<td>$200</td>
</tr>
</tbody>
</table>

---

**Late Registration:**  
**Postmarked on or after Sept 2**

<table>
<thead>
<tr>
<th>Member</th>
<th>Non-Member</th>
<th>Fee:</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ $140</td>
<td>☐ $175</td>
<td>$200</td>
</tr>
<tr>
<td>☐ $180</td>
<td>☐ $280</td>
<td>$260</td>
</tr>
</tbody>
</table>

---

**ON-SITE Registration (Checks only)**

<table>
<thead>
<tr>
<th>Member</th>
<th>Non-Member</th>
<th>Fee:</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ $180</td>
<td>☐ $280</td>
<td>$260</td>
</tr>
</tbody>
</table>

---

The registration fee includes attendance to the Opening Reception on Sunday and the Business Lunch on Monday. (Please check the appropriate box(es).)

- Yes, I will attend the **Opening Reception** on 9/18: ☐
- Yes, I will attend the **NC Perinatal Lunch** on 9/19: ☐
- Yes, I will attend the **SC Perinatal Lunch** on 9/19: ☐
- Yes, I will attend the **movie documentary** on 9/19: ☐
- Yes, I would like a **vegetarian entrée** at lunch: ☐

**Please describe any other dietary restrictions: (i.e. Gluten free, peanut allergy):**

---

**Please complete this section. Total amount enclosed should match total amount of check.**

1. Membership Fee: $ ____________
2. Pre-Conference Fee: $ ____________
3. Registration Fee: $ ____________

**TOTAL FEE:** $ ____________

Make check payable to: **NC/SC Perinatal Conference**  
**SCPA Tax ID # 57-0656784**

---

For an additional **$5.00**, you may pay with credit card through PayPal online services only, please use link at [www.midcarolinaahec.org](http://www.midcarolinaahec.org).  
We will not accept any registrations by phone. We will not accept faxed registrations unless accompanied by a purchase order.  
Cancellations received prior to September 1, 2016 will be honored, less a $25 administrative fee. Substitutions are permitted.

**Mail completed registration form and payment to:**

Rebecca Jackson, RN, BSN  
Mid-Carolina AHEC, Inc.  
P.O. Box 2049  
Lancaster, SC 29721

**Questions?** Phone: 803-286-4121 (Monday-Thursday) Fax: 803-286-4165  
Email: Rebecca Jackson (rjackson@comporium.net)  
(Please continue on the next page)
CONCURRENT SESSION A  (PLEASE SELECT ONE )

☐ 1. Delivery Buddy: A Neonatal Resuscitation Telemedicine Project
   Bridget C. Allen, RNC, MS and Carley Howard Draddy, MD
   ✦ Learners will be able to describe the process of the initiation of a telemedicine program and how the utilization of a remote leader improves team leadership and communication.

☐ 2. Implementing a Maternal Early Warning System
   Beth McGovern, MSN, RNC-OB, CHSE
   ✦ Learners will be able to review a Maternal Early Warning System (MEWS) and discuss the implementation of MEWS at a Community Hospital including getting buy-in and over coming barriers.

☐ 3. Diabetes in Pregnancy
   Mark Alanis, MD, MSCR, FACOG
   ✦ Learners will be able to describe ways to improve counseling, antepartum monitoring, management and delivery of women with diabetes in pregnancy.

☐ 4. Care of the Late Preterm Infant in the Family Centered Care Environment
   Pamela Spivey, MSN, APRN, CCNS, RN-BC
   ✦ Learners will be able to describe family centered practices in the maternal/neonatal environment of care as it relates to the care of the late preterm infant and mother.

CONCURRENT SESSION B  (PLEASE SELECT ONE )

☐ 5. Perinatal Mood Disorders
   Christena Raines, RN, MSN, APRN-BC
   ✦ Learners will increase their understanding of Perinatal Mood Disorder including prevalence, neurobiology and treatment options.

☐ 6. A Comprehensive Approach to Developmental Care of the Preterm Infant
   James M. Helm, Ph.D
   ✦ Learners will be able to describe a comprehensive approach to developmentally supportive care and the NIDCAP approach; and discuss importance of developmentally supportive care and ways to individualize approach to different NICUs.

☐ 7. Advances in the Management of Preterm Labor
   Barbara Hughes, CNM, MS, MBA, FACNM, C-EFM
   ✦ Learners will understand the risk factors and mechanisms of preterm birth, evaluate clinical efficacy of diagnostic tools and discuss management strategies and interventions for preterm birth for improved outcomes.

☐ 8. Improving Birth Outcomes through Doula Care: Starting a Hospital or Community-Based Doula Program
   Sujata Gami, MS, LCCE, FACCE, CD(DONA) and Tara Owens Shuler, M.Ed, LCCE, FACCE, CD(DONA)
   ✦ Learners will be able to discuss challenges of having birth-doulas as part of the perinatal maternity care team and strategies for implementing a hospital-doula program and community based doula program.